

# Tabley House Nursing Home

A New Quality of Life



# Tabley House

## *A new Quality of Life*

*Our aim at Tabley House is to provide an environment that all residents can regard as their home. Our dedicated, highly trained staff offer 24-hour nursing care in a warm and friendly atmosphere, with the emphasis on providing a high quality of life. As a home away from home, we offer privacy, enjoyment and convenience for all who choose to live here.*

*Tabley House is an 18th Century Palladian country house set in beautiful parkland in the heart of the Cheshire countryside. It has been referred to as “the finest Palladian House in the North West of England”. The first floor of the house is open to the public and houses a collection of antique furniture and paintings, originally belonging to Sir John Fleming Leicester, Bt., later 1st Lord de Tabley. Cygnet Health Care leases the house and its immediate grounds, extending to over 25 acres, to use as a unique nursing home for the elderly – resembling an elegant country house hotel offering a wide choice of rooms and suites each with their own bathroom.*



At Tabley House, We want to help you live life to the optimum.

### Our residents benefit from:

- Personalised care plans
- Excellent food
- A comprehensive activities and entertainment programme
- Regular social outings
- On-site services such as hairdressing, chiropody and physiotherapy

### Our caring options include:

- Frail elderly care
- Dementia care
- Professional nursing care
- Day care
- Short respite care
- Post-operative and convalescent care
- Palliative care



## Living the Tabley House life

Personal choice is at the heart of our philosophy.

Our aim at Tabley House is to provide an environment that all residents can regard as their home, the needs of our residents and their wishes are paramount and all care is centred on that fact.

At Tabley we recognise that everyone's needs are unique so we offer a planned programme which will reflect individuality, privacy, dignity and choice. Our highly skilled staff are dedicated to the care and comfort of our elderly residents. The high standard of care is supplemented with an extensive menu and a wide range of regular activities.

The emphasis is on offering everyone an improved quality of life combined with the highest possible standards of 24-hour care provided by dedicated, trained staff.

The accommodation is of an excellent standard. All rooms have en-suite facilities. The majority of rooms are single, however a small number of shared rooms are available. Each room is comfortably furnished and residents are encouraged to bring their own furniture and personal bric-a-brac.

We have a wide choice of menu provided by our two excellent chefs and certificated catering staff. We also cater for any special diets that a resident may need to follow. Meals may be taken in the attractive dining room (with waitress service) or by tray service to the rooms if desired.

At Tabley House Nursing Home we offer a wide range of activities to cater for all tastes and interests. We regularly hold meetings with all the residents to keep them informed of future events and changes as well as distributing a newsletter publishing the dates of forthcoming events so that they are able to choose which interest them. We, at Tabley, recognise the difficult decisions that families and friends have to make regarding the longer term care of loved ones. Prospective residents are, therefore, welcome to try a short stay before making a commitment.

### VISITING

Visitors are always welcome and Tabley operates unrestricted visiting, whether it is spend time at Tabley or to take their friend or relative out for the day. Visitors are encouraged to join in all aspects of the care and social life of the residents.



# A Care Plan for you...

## Therapy

YOUR personalised care plan will be developed in consultation with a registered nurse after assessing your health and care needs, we will also consult family and carers to formulate the care plan.

Keeping active is important for all-round health - so our expert recreational therapist is on hand five days a week to help with activities such as crafts, letter writing and reading newspapers as well as 'pampering' tasks such as manicures and pedicures.

An occupational therapist conducts more structured sessions - such as movement and music - twice a week. A physiotherapist visits at least fortnightly - or more often if the need arises.



## Medical Services

Tabley House has a local General Practitioner who visits regularly. Residents are treated for medical conditions under the NHS although private care can be arranged, if preferred. Regular visits are also made by the dentist, chiroprapist and physiotherapist.

# Flexible Care Packages...

## Day Care

At Tabley House we offer flexible day care packages for the frail elderly and elderly mentally infirm, allowing them to continue living at home while providing support to their families. Our packages are designed to respond to personal needs - as well as those of carers. Sessions can be organised on an entirely flexible basis - half-day or whole day, weekly or fortnightly depending on your requirements.

## Respite Care

Our respite care gives home based carers the opportunity to take scheduled holidays or breaks throughout the year. Carers can relax with peace of mind knowing that their relative or patient is in a safe and homely environment with 24-hour care available. Respite stays also build a relationship between the individual, the carer, the home and staff, that can be beneficial should a more permanent stay at the home become necessary at some point in the future.

## Nursing and Residential Care

Our residential facilities are superb. All rooms whether single or shared, have full ensuite facilities. There are several large comfortable lounges, some with TV and video, others allowing for quiet time and conversation with visitors. We provide 24 hour qualified nursing care. Residents registered with the Toft Road surgery will benefit from a weekly GP visit at the home.



## Palliative Care

Our palliative care aims to maintain and where possible, improve quality of life for patients and their families. During this difficult and upsetting time, our dedicated staff will ensure the utmost dignity, respect and care is given to the patient and their family.

## Dementia Care

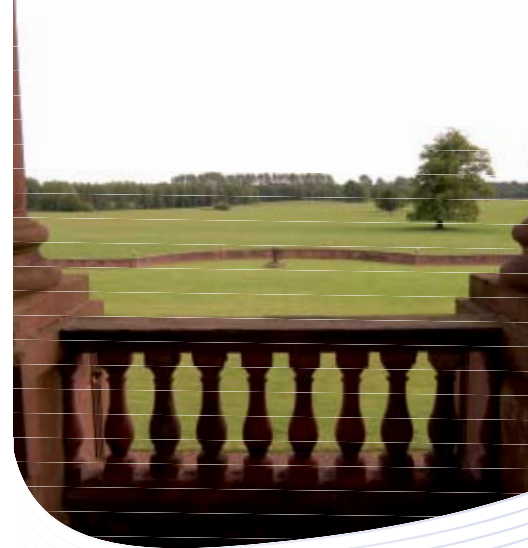
At Tabley we have a wing of the building dedicated to the Elderly Mentally Infirm, including those suffering from dementia. Our staff are trained to deal with the specialist care of dementia as well as Alzheimer's.

## Post-operative and Convalescent Care

Our exceptional care and facilities are suitable for people who have been discharged from hospital but who have not yet recovered sufficiently to return home.

## Bathing Service

As part of our flexible day care provision we also provide a bathing service. Our modern hydro-bath allows the bather to enjoy a relaxing, full depth bath with the minimum of effort, safe in the knowledge that they are held securely at all times.





## Tabley House Nursing Home

Tabley House Nursing Home is part of Cygnet Health Care, a leading provider of psychiatric care and addiction detoxification services.



## How to find us

### By car

The main entrance to Tabley House is off the Knutsford Road, A5033, a mile from Knutsford town and half a mile from Junction 19 on the M6.

### By train

Knutsford station is only one mile away and provides easy access to the centre of Manchester

Tabley House Nursing Home,  
Tabley Lane,  
Nr Knutsford,  
Cheshire WA16 0HB

Tel: **01565 650888**  
Fax: **01565 653230**  
[www.tableycare.co.uk](http://www.tableycare.co.uk)

FOR MORE INFORMATION  
PLEASE CALL:

**01565 650888**  
[tabley@cygnethealth.co.uk](mailto:tabley@cygnethealth.co.uk)

